

SHEILAA HITE'S REVISED WHISTLER WELLNESS WORKSHOP

NEW SCHEDULE MAY 11-13 2007 (Eff 26 April)

LIFE MASTERY "Turning Lead into Gold

**Take Charge of Your Power and Destiny As
You Manifest Your Vision**

NEW LIMITED AVAILABILITY OFFER

SPECIAL 3 DAY COURSE \$550CAD! REGULAR \$895USD

Day 1 May 11th 2007

2:00-3:30pm Option for private consultation (at extra cost if taking the early bird promotion)

6:00pm – 10:00pm Workshop begins-- the official start of our transformational journey. Introductions. Discuss the "triptik" of our journey and Receive Workshop Tool Kit, which includes Journal, touchstone, "Treasure Hunt" instructions, and other tools. Guided meditations, discussions and manifestation exercises designed to assist us in identifying and exploring our true center of power and potential.

10:00pm On our own to ruminate, meditate, journal, bathe with special bath salts and sleep well!

Day 2 May 12 2007

8:30am One hour morning guided meditation walk to start the day on a real mountain high.

9:30am – 12:30pm Exercises, guided meditations and discussions designed to further assist us in identifying and exploring our true center of power and potential. Feel yourself already responding the last night's insights.

12:30pm - 2:30pm Lunch on own. Use this free time to check out the Whistler Wellness Fair, for inner reflection (meditating, journaling, napping), outer explorations (Treasure Hunt items), and/or informal sharing with other workshop participants.

2:30pm – 6:00pm Acknowledging and bonding with our true center of power and potential, through exercises, guided meditations and discussing our revelations.

6:00pm - 7:45pm Free time for dinner, inner explorations (meditating, journaling, napping), outer explorations (the Treasure Hunt items) and/or informal sharing with other workshop participants.

7:45pm – 10:00pm Sharing Treasure Hunt revelations and closing with guided meditations and continued acknowledging and bonding with our true center of power and potential as we recap the day's journey.

10:00pm On our own to reflect, meditate, journal, bathe and retire for the evening (filled with wonder, wisdom and awe!)—or enjoy newfound friends and enjoy Whistler's nightlife. In either case, sleep well after you catch up your journal!

Day 3 May 13 2007 (Happy Mother's Day)

8:30am Morning guided meditation walk.

9:30am – 1:30pm Exercises, guided meditations and discussions designed to assist us in powerfully, effectively living in possibility as we consciously own and create the life we want from our newly formed bond with our infinite, fertile potential. There is no end, just a new beginning.

2:30pm - 4:30pm **Optional** individual personal consultations with Sheila. (must preregister at extra fee)

Workshop Hours: Friday; 6pm - 10pm / Saturday; 8:30am - 10pm / Sunday;
8:30am - 1:30pm

Private Consultations Friday 2:00-3:30pm / Sunday 2:30-4:30 (Prearranged and available at reduced fee to Life Mastery Whistler Wellness Week Workshop attendees Only).

WORKSHOP DETAILS: VIP PACKAGE \$895US INCLUDES ALL BENEFITS

LISTED BELOW PLUS:

*Private one hour consultation in person or on phone with Sheila Hite (Value \$200)

*Pre release signed copy of Sheila's upcoming book The Spiritual Hedonist

*\$200US credit towards any other one of Sheila's 3 day workshops or Spiritual Odysseys

*Your choice of one of Sheila's Meditation CDs

SPECIAL LIMITED AVAILABILITY DISCOUNTED WORKSHOP OFFER: \$550CAD

* A personally signed copy of Power Secrets: A Champion's Guide to Winning in All Areas of Your Life

*1 Workshop Journal

*Ink Pens and Highlighting Pen

*Affirmations and workshop elements and additional materials used during the program

*Discount on any other workshops or seminars Sheila is offering during Whistler Wellness

*Hotel accommodation is not included.

*A Bathtub is recommended where you are staying

*Ask about special seminar hotel packages available

PLUS - Priority Registration for The Spiritual Hedonist Odyssey-Italy, Sept 30-Oct 12 2007

***Pre-Workshop Requirements- Bring:

(1) Book - **The Alchemist by Paulo Coelho** (Please read this before you come if possible..instructions will be advised with pre registration)

(2) A short description of what you want (idea, vision, wish, project) to bring into being (in writing)

"Unless it is supported by a practical plan,

no mundane, creative or spiritual concept can come to successful fruition."

Sheilaa Hite

For more information

Visit www.sheilaahite.com to find out more about how she can benefit your company or corporate image

Visit www.intuitivesage.com to learn more about Sheilaa and the Center of Practical Spirituality

check your tarotscope here too

To register or request more information please contact Randi Winter at randi@passionatetravel.com or call 1 877-307-7447 / 604 261-7871/ 1 425 283-7690